6. Magha-Shukla Ekadasi, or Jaya Ekadasi

My Lord, You have so kindly explained to me the auspicious day known as Sat-tila Ekadasi, which occurs during the dark fortnight (krishna paksha) of the month of Magha (January - February). Now please explain to me the Ekadasi that occurs in the light fortnight (Shukla or Gaura paksha) of this month. By what name is it known, and what is the process for observing it? Who is the presiding Deity that is to be worshipped on this sublime day, which is so very dear to You?

Lord Sri Krishna replied, Oh Yudhisthira, I shall gladly tell you about the Ekadasi that occurs during the light half of this month of Magha. This Ekadasi obliterates all kinds of sinful reactions and demoniac influences that may be affecting the spirit soul. It is known as Jaya Ekadasi, and the fortunate soul who observes a fast on this sacred day is relieved of the great burden of ghostly existence. Thus there is no better Ekadasi than this, for it truly bestows freedom from birth and death. It is to be honored very carefully and diligently. So you to listen to Me very attentively, Oh Pandava, as I explain a wonderful historic episode regarding this Ekadasi, an episode that I have already related in the Padma Purana.

Long, long ago in the heavenly planets, Lord Indra ruled his celestial kingdom very nicely, and all the devas (demigods) living there were very happy and content. In Nandana Forest, which was beautifully graced with Parijata Flowers, Indra drank ambrosia whenever he liked and enjoyed the service of fifty million celestial maidens, the Apsaras, who danced in ecstasy for his pleasure. Many singers, led by Pushpadanta, sang in sweet voices beyond compare. Chitrasena, Indra's chief musician was there in the company of his wife Malini and his handsome son Malyavan. An Apsara named Pushpavati became very much attracted to Malyavan; indeed cupid’s sharp arrow pierced the core of her heart. Her beautiful body and complexion, along with the enchanting movements of her eyebrows, captivated Malyavan.

Seeing Pushpavati in all her heavenly beauty, Malyavan was bewitched at once. They had come with the other performers to please Lord Indra by singing and dancing enchantingly, but because they had become so enamored of each other, pierced through the heart by the arrows of Cupid, lust personified, they were utterly unable to sing or dance properly before the lord and master of the heavenly realms.

Their pronunciation was wrong and their rhythm careless. Lord Indra understood the source of the errors at once. Offended at the discord in the musical performance, he became very angry and screamed, "You useless fools! You pretend to sing for me while in a
stupor of infatuation with each other! You are mocking me! I curse
you both to suffer henceforth as pisAchas (hobgoblins). As husband
and wife, go to the earthly regions and reap the reactions of your
offenses.
Struck dumb by these harsh words, Malyavan and Pushpavati at
once became morose and fell from the beautiful Nandana Forest in
the kingdom of heaven to a Himalayan peak here on planet Earth.
Immeasurably distressed, and their celestial intelligence vastly
diminished by the effects of lord Indra’s fierce curse, they lost their
sense of taste and smell, and even their sense of touch. It was so
cold and miserable high on the Himalayan wastes of snow and ice
that they could not even enjoy the oblivion of sleep.
Roaming aimlessly hither and thither in those harsh altitudes,
Malyavan and Pushpavati suffered more and more, from one moment
to the next. Even though they were situated in a cave, because of
the snowfall and cold their teeth chattered ceaselessly, and their
hair stood on end because of their fright and bewilderment.
In this utterly desperate situation, Malyavan said to Pushpavati,
What abominable sins did we commit to have to suffer in these
pisacha bodies, in this impossible environment? This is absolutely
hellish! Though hell is very ferocious, the suffering we are
undergoing here is even more abominable. Therefore it is
abundantly clear that one should never commit sins. And so the
forlorn lovers trudged onward in the snow and ice. By
their great good fortune, however, it so happened that very day was
the all-auspicious Jaya (Bhaimi) Ekadasi, the Ekadasi of the light
fortnight of the month of Magha. Because of their misery they
neglected to drink any water, kill any game, or even eat
whatever fruits and leaves were available at that altitude, they
unknowingly
observed Ekadasi by fasting completely from all food and drink. Sunk
in misery Malyavan and Pushpavati collapsed beneath a Pipal tree
and did not even try to get up. The Sun had set by that time.
The night was even colder and more miserable than the day. They
shivered in the frigid snowfall as their teeth chattered in unison, and
when they became numb, they embraced just to keep warm, locked
in each other’s arms. Thus they suffered through the whole night
under the powerful curse of the deva Indra.
Still, Oh Yudhisthira, by the mercy of the fast they had by chance
(unknowingly) observed on Jaya Ekadasi, and because they had
remained awake all night, they were blessed.
Please hear what happened on the next day. As Dwadasii dawned,
Malyavan and Pushpavati had given up their demoniac forms and
were once again beautiful heavenly beings wearing lustrous
ornaments and exquisite garments. A chorus of heavenly denizens sang their praises and showered flowers. Soon Malyavan and Pushpavati arrived at Amaravati, Lord Indra’s capital city, and then they immediately went before their lord (Indradev) and offered him their cheerful obeisances.

Lord Indra was astonished to see that they had been transformed, restored to their original status and forms so soon after he had cursed them to suffer as demons far, far below his celestial kingdom. Indradev ask of them, ‘What extraordinary meritorious deeds have you performed so that you could give up your pisacha bodies so quickly after I cursed you? Who released you from my irresistible curse?

Malyavan replied, Oh lord, it was by the extreme mercy of the Supreme Lord, Lord Sri Krishna (Vasudeva) and also by the powerful influence of the Jaya Ekadasi, that we were released from our suffering condition as pisachas. This is the truth, Oh master: Because we executed devotional service to Lord Vishnu (even performed unknowingly – by ajnata sukriti) by observing the day most dear to Him, we have happily been restored to our former status.

Indradev then said, Because you served the Supreme Lord Sri Keshava by observing Ekadasi, you have become worshippable even by me, and I can see that you are now completely purified of sin. Whosoever engages in devotional service to Lord Sri Hari or Lord Shiva becomes praiseworthy and worshippable even by me. Of this there is no doubt.’ Lord Indradev then gave Malyavan and Pushpavati free rein to enjoy each other and wander about his heavenly planet as they wished. Therefore, Oh Maharaj Yudhisthira, one should strictly observe a fast on the sacred day of Lord Hari, especially on this Jaya Ekadasi, which frees one from the sin . A great soul who observes this fast with full faith and devotion has in effect given all kinds of charity, performed all kinds of sacrifice, and bathed in all the Holy places of pilgrimage. Fasting on Jaya Ekadasi qualifies one to reside in Vaikuntha and enjoy unending happiness for billions of yugas – indeed, forever as the soul is eternal.

Thus ends the narration of the glories of Magha-shukla Ekadasi, or Jaya Ekadasi, from the Bhavishya-uttara Purana.